

## Learning Pathway Pro Tips

A **Learning Pathway** is a resident driven document helping learners to set goals for the next 6 months.

Historically the first one for the interns has been done by Drs. Petersen or Karsten and then maintenance of the document falls to the advisor.

A **Learning Pathway** represents an evolving document that grows as the resident grows.

### Updating a Learning Pathway:

I go through competency by competency. Start with each of their goals – Did they meet them?

- If yes – remove it. This may also give you the opportunity to move something that was an area of concern or improvement into a strength
- If no – Does it just need more time? Was it the wrong goal or was the goal not smart?
  - SMART Goals:
    - Specific
    - Measurable
    - Achievable
    - Relevant
    - Time-Bound
  - For example the difference between “I’m going to study more for boards” and “I will do 50 of the free AAFP questions every week until April 1st”

New things to work on. (Remember, we ALL have things to work on)

- Use resident ideas first
- Review their SASI for thoughts (a SASI with thought put into it is extremely helpful)
- Things you think they need to work on (in-basket management, timely completion of notes .....

This meeting is also a great time to chat about electives, future plans, Research Projects, Quality Projects, work –life balance.....